

scope

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Editorial

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REFLECTING

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Welcome to *Scope (Health & Wellbeing)* issue 9. This editorial is dedicated to reflecting. There are three reflective considerations I wish to share: *Scope (Health & Wellbeing)*'s structure which has led to a consistency between issues, the journal's beginnings, and *Scope (Health & Wellbeing)*'s collaborative approach.

In this issue, we decided to move away from our traditional approach in previous journal issues which had a dedicated theme; for example, place; occupation; rural; collaboration, and sustainability. This journal issue has taken a broad leap of faith and has stepped away from inviting contributors to publish related to the annual theme towards an open theme. Despite us not running with a theme for this issue, we continue to focus on building a sense of community between the published authors. In doing so, we have been able to group their individual published papers under a variety of topics.

This edition includes ten published papers including the first-ever online video for the *Scope (Health & Wellbeing)* journal. Our aim is to initiate an online video format supplementing traditional printed text for health and well-being research, expert knowledge, and innovative concepts which will facilitate the dissemination of information in a novel way. Here, we offer one article that supplements the traditional published format by presenting information in both text and through the medium of video.

The papers presented in this journal issue commence, as in previous issues, with "An interview with..." For this issue, the interview is with me. I have been the Editor in Chief of *Scope (Health & Wellbeing)* since its inception in 2017. Initially, I was the co-editor with Dr Simon Middlemas when the first *Scope (Health & Wellbeing)* issue was published. This first issue started out as a collaboration situated within the College of Health, Otago Polytechnic, and the journal has continued to this day.

Simon and I partnered together creating a further three issues between 2017 and 2019. I have remained as the sole Editor in Chief since 2020. Our collaborative approach has continued to establish a sound foundation, building a dedicated Editorial Team and International Editorial Board to assist in guiding the direction of this journal.

Each issue of *Scope (Health & Wellbeing)* has included a provocative cover image related to the issue's theme. Each image has been individually created from artists or photographers on request from the editor. For this issue, I requested an image associated with reflecting. As you will see on the front and back covers, this image offers an openness as represented by the sky, clear and inviting with an island in the distance leading to thoughts of potential. The lone bird offers a sense of hope in current times of significant change. A sunset maintains our optimism and signals a new tomorrow. The ocean, ever moving, situates us in an in-betweenness, between here and there, a knowing while contemplating the unknown, representing new beginnings, a time of endings, and a time for reflecting. The contents of this issue encapsulate the front and back cover images, bringing current topics to your attention. I am grateful to London Photographers for this inclusion.

In this journal, as mentioned, you are first introduced to "An interview with" conducted by Sam Mann who interviewed me initially for *Sustainable Lens: Resilience on Radio*. This programme is broadcast on OAR 105.4FM,

Dunedin's community access radio station. Sam has recreated this interview as a piece that has been presented in this journal, and that we hope you enjoy.

Further papers include those identified under the heading of sports and leisure. There are four papers aligned to this topic. First, Michael Fallu discusses the findings from a research project he conducted to investigate the participation of recreation and leisure amongst the intellectual disability community. Patrick Boudreau et al.'s contribution focuses on Māori health inequities compared to the remainder of the New Zealand population. Their evidence supports a number of recommendations. Gary Barclay and Laura Munro's paper then offers a narrative discussion of Barclay's near fatal football injury, with the aim of informing health professionals of the psychological impact injury can have on athletics. The fourth paper in this section by Hayden Croft et al. continues the sports focus, investigating the value and use of gathering and applying statistical evidence by netball coaches with in-game competitions. This paper also engages with the presentation of an online video.

Under the second topic, health and work or study, Rachel Scrivin and colleagues reflect on the development and validation of a survey used to investigate the nutritional practice of tertiary students. Next, Anne Bradley et al. present a detailed literature review on the effects of workforce performance associated with open plan office spaces.

The following two publications relate to the third topic: trauma and mental health. Nicola Howard and colleagues review literature associated with the effects trauma can have on adults in employment. The following paper by Kim Taylor and Waireti Roestenburg identifies the dehumanising effects of a lack of secure housing on wāhine Māori as te whare tangata and her children in Aotearoa New Zealand.

The final topic, moving towards resilience and community wellbeing, includes two papers, the first by Joanna Cobley who explores survivor stories fostering emotional resilience. In the final paper for this issue, Pam McKinlay et al. share their years of experience of collaborating and crafting, and the benefits this can have for what they term "rekindling their inner resources."

Scope (Health & Wellbeing) aims to engage in multidisciplinary discussion on contemporary research in the landscape of health. It is concerned with views and critical debates surrounding issues of practice, theory, education, history and their relationships as manifested through the written and visual activities, including interviews and videos on health and well-being practice. Submissions will be subject to a rigorous peer review process. We also encourage, original research, commentary, and critical debates concerning contemporary researchers, industry, society and educators in their environments of national and international practice. Please see the Guidelines for Contributors in the back of this issue for further details. *Scope's* focus is on building a sense of community amongst researchers and writers who are established or emerging in New Zealand and the international community.

Jean Ross is a Professor of Nursing at the School of Nursing, Otago Polytechnic. Jean is also an advocate for sustainable rural community development and nurse education. Jean has been the editor in chief of *Scope (Health & Wellbeing)* since its inception. Jean's practice is research orientated which both informs and directs her scholarly work.

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